

Warrior News

May 2003



3rd/378th

Upcoming Drill Dates

May 17-18

June 7-8

No Drill in July

In This Issue

2 Featured Website

2 Formal Dining Out Details

2 Supporting the Troops

2 Website News

4 Army Humor

4 Family Support

3D Battalion, 378TH Regiment
1507 W Lindsey Street
Norman, OK 73069-4301



The Army Reserve Celebrates it's 95th Birthday



As we celebrate the 95th birthday of the Army Reserve on April 23, we are doing so as we answer the Nation's call once again – with the knowledge that this call to serve will continue.

Our forces have performed brilliantly during Operation Noble Eagle, Operation Enduring Freedom and Operation IRAQI FREEDOM. All Americans can take pride at the achievements of our fellow American fighting men and women in liberating Iraq from the Saddam Hussein regime.

We in the Army Reserve can also take extra pride in the role our Army Reserve comrades-in-arms have played in this war. There are many, many examples of outstanding service, such as the 319th Transportation Company from Augusta, GA, who helped keep the 1st Marine Expeditionary Force fueled up and rolling toward Baghdad; the 320th Military Police Company from St. Petersburg, FL, guarding the captured Tallil Air Base and Civil Affairs soldiers from throughout the country, whose expertise has been critical to attaining victory and which will be crucial in helping the Iraqi people rebuild their country, their lives and their liberty.

These are but three examples of the contributions made by Army Reserve men and women. In actuality, there are tens of thousands of examples, because each Army Reserve soldier called to duty in Southwest Asia, Afghanistan, Europe, here at home and countless other locations around the world today is a story of commitment, dedication, professionalism and courage.

The 70,000 Army Reserve soldiers who are serving now in Operation IRAQI FREEDOM, ENDURING FREEDOM, or NOBLE EAGLE are the latest in a long line of citizen-soldiers who have added their skills, talents and love of country to strengthen and sustain the Army since April 23, 1908, when President Theodore Roosevelt signed the law creating the nation's first federal reserve. In the world in which we live today, all of us serve equally whether in a mob status or not. The fact that you are serving and training adds strength to our Nation's arsenal.

Time after time, Army Reserve soldiers, true to the spirit of the American patriot from 1775 to today, have set aside their civilian lives to take up the duties of a soldier. They have done so in peacetime by training to remain always ready and they have done so in time of war and crisis when those soldier skills – and their own courage and dedication – were put to the most severe of tests. Many have paid the ultimate price to preserve our freedom and forever lie in honor in hallowed ground.

Continued on page 4...

Formal Dining-Out

You are cordially invited to attend the 3rd Battalion, 378th Regiment 2nd Brigade, 95th Divison Warrior Ball 2003

*Saturday, May 17, 2003
6:00-10:00 pm
At
The Finker Club
Finker AFB, OK*

*Tickets available at Drill or RSVP
1507 West Lindsey Street
Norman, OK 73069*

*Dress Blues or Class A for Military
Formal/Semi-Formal Dress for Civilians*

- To RSVP contact CDT Ellis
- Please RSVP no later than May 14th
- If you need to borrow a dress, or have a dress to donate please contact Judy McIntire.
- You may pay at the Saturday Drill prior to the ball.

Birthdays

- Jennifer Nagy - May 1
- Les Brown - May 6
- Sheila Perez - May 18
- Alex Luther - May 24
- Darrin Caldwell - May 31

Battalion APFT

To be held Saturday 17 May 2003 immediately following first formation.

Home, Home on the Web

The Battalion website is now up and running. To check it out just go to - www.usarc.army.mil/95thdiv/2bde/3-378th/ We hope you enjoy the website and find it useful. Remember to give a big "Thank You" to CPL Cornell for all his time and hard work.

Featured Website

Hooah for Health

Are you ready to accept the Hooah challenge?
<http://www.hooah4health.com>



HOOAH! and welcome to the U.S. Army health promotion and wellness web site. Unlike other health-related web sites, this one is specifically designed to address the force health protection and readiness requirements of the ARMY, particularly its Reserve Component. Citizen soldiers juggle many different balls everyday...but, they cannot afford to drop the one ball that allows them to live a healthier, less stressful life. The site was launched in May 2000 and since then over 34 million hits have been recorded. The users of hooah4health website include not only Reserve Component citizen-soldiers and active Army personnel, but also their co-workers and families. Also, many users are elementary school children, and requests to link to this innovative U.S. Army web site originate from around the world. The vision and implementation of the Army Well-Being Strategic Plan is captured throughout the modules on the site. Body, mind, spirit, environment, prevention, change, family and lifestyle are the primary wellness topics contained in a user-friendly environment.

Supporting The Troops

Omniplex to Offer Free Admission For Oklahoma Military Families

Families to receive discounts on OmniDome, Exhibits & other museum amenities.

OKLAHOMA CITY - In a joint effort by select museums across the state to alleviate the cost of museum admission for military families, the Kirkpatrick Science and Air Space Museum at Omniplex will offer free Monday admission as well as several discounted museum services to Oklahoma military families, April 7 - Sept. 1.

Omniplex will allow all active duty service members and their immediate family (husbands, wives and children OR grandparents with grandchildren) to access the museum exhibits and planetarium presentations free of charge.

- 10% discount on OmniDome Theater tickets
- 10% discount on Museum Store purchases
- Member discount admission on Titanic: The Artifact Exhibit

Active duty service members will be able to access the museum during regular business hours each Monday and must present a current, valid military ID to receive the full benefits of this discount. Military families will receive admission for general exhibits and planetarium shows but will have to pay the member prices of additional displays such as Titanic and OmniDome Theater. Active duty service members will also receive membership privileges at the Omniplex Museum Store by presenting their valid military identification cards.

Family members of National Guard and Reserve service members will be given the same privileges.

continued on page 3...

Remembering

He still remembers the day he found
The coat his daddy wore.
The day he asked his mommy why
His Daddy went to war.

His mommy told him it was something
His daddy had to do.
He went to fight for freedom
And died protecting me and you.

He was so young he really didn't
Understand it all.
And he sure wished his daddy hadn't
Answered his country's call.

But now that he is older
He knows his dad was right.
There are times we have no choice
Sometimes we have to fight.

Yes he can still remember
How sad he was that day.
And he remembers mommy's tears
When she heard him say.

When I grow up I'm gonna be
A fighting man like dad.
And I will win the battles
Against the evil and the bad.

Today many just like him
proudly wear the uniform.
And we should tell them "Thank You"
For protecting us from harm.

- Ron Lantz

Contributing Museum Offers:

Jasmine Moran Children's Museum

- 2 for the price of 1 for service members and their immediate families. If there is an odd number in the group, the last admission will be 1/2 price.
- Days of offer will be Tuesday - Sunday through Aug. 31. Hours of operation are as follows: Tuesday- Saturday 10 a.m - 5 p.m. and Sunday 1 - 5 p.m.
- We will extend this to all branches of the military with appropriate identification

Museum of the Great Plains

- Museum of the Great Plains will allow all active, reserve and guard duty service members and their immediate family (husbands, wives and children OR grandparents with grandchildren) to access the museum exhibits free of charge on Mondays.
- 10% discount on Museum Store purchases

Tulsa Air and Space Museum

- Tulsa Air & Space museum extends complementary admission to any military member and their immediate family during regular museum hours and will allow immediate family meaning spouse and up to three children with military ID in at no cost.

Leonardo's Discovery Warehouse

- Leonardo's will offer "Military Sundays" allowing free admission to the facility for all military members and families on Sundays 1 - 5 p.m.

Anheuser-Busch Gives Troops, Their Families Free Admission to Seaworld, Busch Gardens, Sesame Place

'Operation Salute' Expresses Appreciation For Their Service, Sacrifices

ST. LOUIS (April 17, 2003) - Anheuser-Busch today announced it will give free single-day admission to its SeaWorld, Busch Gardens and Sesame Place parks to active duty military, active reservists, U.S. Coast Guard, National Guardsmen and up to four of their direct dependents, beginning the Friday of Memorial Day weekend and concluding Veterans Day, Nov. 11. The offer also has been extended to all coalition forces serving with U.S. troops in Operation Iraqi Freedom.

"The men and women in our armed forces have made tremendous sacrifices, risking their lives and being separated from their families during the war," said August A. Busch III, chairman of Anheuser-Busch Cos., Inc., which operates nine U.S. theme parks. "We wanted to express our deep gratitude for their service, and this gives those who serve and their families some needed relaxation and enjoyment."

"Operation Salute" will give free admission at Busch Gardens Tampa Bay; Busch Gardens Williamsburg; SeaWorld Orlando; SeaWorld San Diego; SeaWorld San Antonio; and Sesame Place in Langhorne, Pa."



Army Humor

At one Army base, the annual weapons qualifications had been canceled for the second year in a row, but the semi-annual physical fitness test was still on as planned.

One soldier mused, "Does it bother anyone else that the Army doesn't seem to care how well we can shoot, but they are extremely interested in how fast we can run?"

Family Support

Your monthly message from your FSG Leader Judy McIntire

Hello Everyone,

I just want to take a few minutes to remind you that the Ball is coming up very soon, May 17th!! Make sure that you return your RSVP's to CDT Ellis by May 1. We would appreciate your timely responses so we can make sure every one has a seating and enough chow is on hand. It is imperative that we have your RSVP no later than May 14, or we will not be able to order enough food.

We also have a few dresses available to borrow thanks to MAJ's Todd & May. I hope every one had a lovely Easter. Guys don't forget that Mothers Day is also coming May 11th, "Remember if Momma's happy, every one is happy", did you know that Mom's get into the Zoo free on Mother's Day? Top and I took the boys to the Zoo on Easter, it has under gone a lot of changes, beautiful plants, animal exhibits redone. Lot's of Fun. Don't forget that the Omni Plex has free Mondays for military personel.

That's all from me, I'm looking forward to seeing you all at the Ball.

Judy McIntire



The locations where Army Reserve soldiers have served, fought, and sometimes died in the last 95 years are many and far-ranging: along the Mexican border, in Flanders Fields and the Meuse-Argonne, at a Civilian Conservation Corps camp in Pennsylvania, on Bataan, Omaha Beach and Okinawa, near the Chosen Reservoir, at Chu Lai, Grenada, Panama, Saudi Arabia, Kuwait, Somalia, Haiti, Central America, Bosnia, Hungary, Kosovo, at the World Trade Center and the Pentagon, Afghanistan, Uzbekistan, the Philippines, Guantanamo Bay, and Iraq. There are many, many others.

Who serves in the Army Reserve, where and how they serve, and what they do has changed many times in the long march from 1908 to 2003. There have been numerous changes in uniform, structure, equipment, leadership, terms of service, doctrine and even in the name – from Medical Reserve Corps to Officer and Enlisted Reserve Corps to Organized Reserves to Army Reserve.

In all that has changed, one thing has not. The basic concept at the birth of the Army Reserve was that it would be comprised of American patriots whose professional skills were not routinely required by the Army during peacetime, but were recognized as being absolutely critical during mobilization or other military crisis, and who would voluntarily stand ready to answer their nation's call whenever required.

Ninety-five years after its birth, this combination of devotion to country, readiness to serve, unique professional qualifications and immediate responsiveness in support of crisis remains the fundamental principle for Army Reserve soldiers and units.

This is the way it was for the Army Reserve, 95 years ago, this is the way it is now and the way it will be 95 years from now. I am humbled by the commitment, loyalty and sacrifice of our great soldiers, civilian employees and their families and sobered by the challenges we face in today's world. You also should be very proud of your professional service and what you have provided and accomplished. As the Army Reserve enters its ninety sixth year of existence, it is a proud, integral partner in the world's greatest army, the United States Army.

We are prepared and will continue to meet the challenge, wherever and whenever needed by our Nation.

God bless you all and God bless the United States of America.

"For God, Country and Family"

by - Lt. Gen. James R. Helmly
& CSM Michele Jones