

# 90TH U.S. ARMY REGIONAL SUPPORT COMMAND

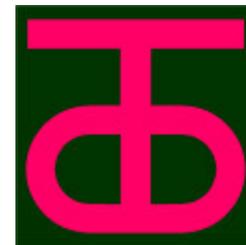
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## HUMAN RESOURCES DIVISION

# Family Care Plan



*“BRIDGE THE GAP BETWEEN UNIT, MISSION, AND FAMILY”*





# FAMILY PROGRAMS OFFICE



## KEY FACTS PERTAINING TO COMPLETION

**Affects mobilization readiness**

**Only commander can approve**

**Purpose is to care for dependents**

**Reviewed annually**

**Leaders must know soldiers**



# FAMILY PROGRAMS OFFICE



## WHO IS REQUIRED TO HAVE A FCP?

**Pregnant soldiers**

**Single soldiers with dependents**

**Single soldier, divorced with dependents**

**Soldier with special care spouse**

**Soldier is half of dual military couple  
with dependents**

**Optional for other soldiers**



# **FAMILY PROGRAMS OFFICE**



## **WHAT IS REQUIRED IN THE FCP?**

**DA Form 5305-R (Family Care Plan)**

**DA Form 5304-R (Family Care Counseling Checklist)**

**DA Form 5840-R (Certificate of Acceptance as Guardian or Escort)**

**DA Form 5841-R (Power of Attorney) or equivalent, unsigned**



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## **WHAT IS REQUIRED IN THE FCP? (continued)**

**DD Form 1172 (Application for Uniformed Services Identification Card DEERS Enrollment), unsigned**

**DD Form 2558 (Authorization to Start, Stop, or Change an Allotment for Active Duty), unsigned - or - other proof of financial support arrangements**

**Letter of Instruction to Guardian / Escort**



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## SUSPENSES TO COMPLETE AND APPROVE A FAMILY CARE PLAN

**Active Army and Army Guard / Reserve Soldier.**

**- 30 days with one 30 day extension**

**ARNG and USAR Soldier.**

**- 60 days with one 60 day extension**

**Pregnant Soldier.**

**- Not later than 90 days prior to the expected date of birth.**



# FAMILY PROGRAMS OFFICE



## ADDITIONAL SUSPENSES FOR PREGNANT SOLDIERS COMPLETE AND APPROVE A FAMILY CARE PLAN

**DA Form 5304-R - Apr 99 - Family Care Plan Counseling Checklist  
Completed not later than 60 days prior to birth.**

**DA Form 5305-R - Apr 99 - Family Care Plan  
Completed not later than 60 days prior to birth.**

**DA Form 5840-R - Apr 99 - Certificate of Acceptance As Guardian  
Recertified not later than 45 days following birth.**

**DA Form 5841-R - Apr 99 - Power of Attorney for Guardian  
Recertified not later than 45 days following birth.**



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## **COUNSELING REQUIREMENTS**

**Soldiers will be counseled about voluntary and involuntary separations, whenever parenthood interferes with military responsibilities.**

**Enlisted: AR 135-178**

**Officer: AR 135-175**

**Pregnant Soldier: AR 135-91**



# FAMILY PROGRAMS OFFICE



## REFERENCES

**AR 600-20, Army Command Policy**

**AR 135-175, Separation of Officers**

**AR 135-178, Enlisted Separations**

**FORSCOM Reg 500-3-3, RCUCH**