



Sgt. 1st Class Corena Rouse counted repetitions while new soldiers she was helping performed pushups.

MAJ. JERRY TRAYLOR
100th DIVISION

Rouse is top sergeant of the year

By Sgt. Joseph St. PETER
100th Division PA

One of the 100th Division's own proved once again that "Train 'em Tough" is more than just a saying.

Sgt. 1st Class Corena L. Rouse, a Drill Sergeant Leader at 6th Brigade's Drill Sergeant School was recently named the winner of the 2003 Ralph E. Haines award as the Army Reserve's most outstanding drill sergeant. Rouse earned this award after competing in an annual competition hosted by the Army's Training and Doctrine Command at Fort Monroe, Va.

Rouse, who was named as the 100th Division's Drill Sergeant of the Year after a competition at Fort Knox in November of 2002, had to compete

against seven other Army Reserve drill sergeants in her quest to win the TRADOC competition. The week-long event at Fort Monroe involved several different phases, which included an Army physical fitness test, an essay, an appearance board before a panel of sergeants major, and a common soldier task teaching demonstration.

At the close of the DSOY competition, a ceremony was held June 20 in which Rouse was named the winner. Present at the ceremony were TRADOC Commander, Gen. Kevin P. Byrnes, and Command Sgt. Maj. Jack Tilley, the Sergeant Major of the Army. Rouse received many awards as a result of her victory, which included a Meritorious Service Medal, a plaque, a savings bond, and numerous other honors. Rouse will receive the

Haines award from the Secretary of the Army at the Association of the U.S. Army meetings in October.

Rouse said that being announced as the winner came as a total surprise.

"No matter how well you do you never really think you actually have a chance to win because there are so many other top-notch competitors there."

In addition to the awards Rouse was able to take home from the competition, she will also serve as an advisor to TRADOC for the next year. Her role will be to visit training installations and to help assess what can be done to improve training.

"They leave the door open for you. I'll try to go on as many missions with

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